

# HOW TO USE THIS HEALING GUIDE

The Word of God is medicine. (Proverbs 4:22) Medicine won't work if you don't take it according to the directions. We are to "take" the medicine of God's word internally. (Proverbs 4:21) That means we have to put it in our eyes, put it in our ears and speak it out of our mouths. Stop trying to figure out if you have enough faith to be healed and just take the medicine. If you "take" enough of God's Word for long enough, it will reverse any sickness or disease out of your body, no matter how serious it is or how long you have had it.

On the following pages are listed the healing scriptures and faith declarations that I use when standing and believing for healing in my body. For the past 30 years, the application the Word of God on healing when done exactly as outlined here, has worked 100% of the time in bringing healing to my body. Whether it was something as simple as a head cold or as serious as heart disease, it has worked every single time—without exception! And if it will work for me, it will work for you.

You can also use this format for any other provision of God you are believing for. Whether you need finances, peace, deliverance from any addiction, direction for your life, a job or anything else that God's Word says already belongs to you, it's done the same way.

First, write down specifically what you are believing to receive from God. Be very specific. Put it where you can see it every day. If it is something other than the healing of your body, (you already have a list of declarations with corresponding scriptures here for healing) then make a list of declarations with corresponding scriptures pertaining to what it is you want to receive as I have done here. You can use the list contained in this document as your example.

Read and confess them everyday and don't stop and don't give up until you have the thing you are believing to receive from God. If symptoms or circumstances get worse, don't give up—double up on your medicine—reading and confessing the Word of God. And keep doing that until what you want is manifest.

In this Healing Guide, the declarations are listed with the corresponding scriptures below them. Simply read the declarations—**out loud**—and then read the foundation scripture that backs it up—**out loud**.

It is important that you read the declarations and scriptures—**out loud**—everyday. Remember Romans 10:17 says that faith only comes one way—by **hearing** the Word of God. That's why you need to read it **out loud**—so you can hear it.

That's how the Word gets into your heart—by hearing it. You will be surprised how much more impact the declarations and scriptures have when you read them **out loud** as opposed to reading them silently. There is power in the spoken word, especially when the words you are speaking are God's Words!

Maybe you won't fully believe these confessions and scriptures the first time you read them. But if you will keep saying them, you'll keep hearing them. And what you continually hear, you'll believe. Eventually your faith will be so strong and your heart will be so full, you'll start speaking with total confidence. You have God's promise on that. Romans 10:17 says "so then faith comes by hearing and hearing by the Word of God."

After you have read them, meditate on them throughout the day. Rehearse them. Memorize them. Think about them. Go over them in your mind. Doing these things will get the scriptures on healing down into your heart and spirit—and then the healing power of God will flow out of your spirit and into your body. Every time you read a scripture out loud, you are making a deposit into your "spiritual account".

I realize that there are a lot of scriptures, notes and comments pertaining to these verses here, and I have added to this list over the years.

You might ask, "Does it take all this?" The answer is "I don't know." That is not a question I can answer for you. It may take more for you or it may take less. That is between you and God.

While I was writing this study, I had some physical issues and symptoms working in my body—and they were serious, potentially life threatening. When I find myself in this position, I am willing to do whatever it takes. So I read and declare out loud all of the scriptures on the following pages every day—sometimes more than once a day. This is how you get healed—but it is also how you stay healed. Symptoms or no symptoms, I will continue to do this every day of my life for as long as I live.

And don't let lingering symptoms cause you to doubt. After all, when you go to the doctor, you don't always feel better right away. The medication he gives you often takes time to work. But you don't allow the delay to discourage you. You just keep taking the medicine according to directions and continue to get refills until they do the job.

When you take God's medicine (His Word) according to the directions, you are actually "treating" your spirit, which is the source of supernatural life and health for your physical body.

So release that same kind of confidence in God's medicine. Keep in mind that healing is a process. The moment you begin to take it, the healing process begins. Keep your expectancy high and make up your mind to continue standing on the Word until you can see and feel the total physical effects of God's healing power.

When the devil whispers words of doubt and unbelief to you, or when he suggests that the Word is not working, you must deal with those thoughts immediately. Cast them down (2 Corinthians 10:5). Speak out loud and say "Devil, I rebuke you. I bind you from my mind. I will not believe your lies." Resist him. Tell him to take his lies and "get out". And James 4:7 says that if you do that, he has no choice but to "flee from you".

Follow that up with one of the faith declarations contained in this study. Then, “*having done all, to stand. Stand*” until your healing is fully manifested. (Ephesians 6:12-14). Remember, your confidence is in God’s Word, not your symptoms. You are not the healer—God is! So just keep taking God’s “medicine” and let His Word do the work.

Most people don’t realize it, but healing does not come on them from “out there somewhere”. Healing flows out of your spirit from inside you. When you put enough of the Word of God into your spirit, it will flow out of your spirit into you physical body and bring healing. (Proverbs 4:20-23 AMP)

Going over these healing scriptures and declarations takes me about 30 minutes each time. I believe with all my heart that had I not done this, and continue to do it, I would not be alive and healed today.

As I mentioned, how much of the Word you read or how little you read is entirely between you and God. If you want, read part of these scriptures one day and then continue the next. Make your own list of the scriptures that particularly minister to you. Seek God as to what is best for your situation and then obey what He leads you to do.

I would like to hear what God is doing in your life. Please write to me. I would like to know what results you are achieving. I want to read your testimony of God’s healing and delivering power in your life. My physical address and email address are below. God bless you.

Rev. R. Frank Bowers

A handwritten signature in cursive script that reads "R. Frank Bowers". The signature is written in dark ink and has a long, sweeping underline that extends to the right.

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# HEALING DECLARATIONS AND SCRIPTURES

KJ – King James Translation / AMP – Amplified Translation / NIV – New International Version

## The Lord is my physician.

**Exodus 15:26 AMP** “...For I am the Lord that healeth thee.”

**Isaac Leesers (Hebrew to English) translation:** “...For I am the Lord your physician.”

## As My Physician, this is the medicine He prescribes:

**Proverbs 4:20-24 KJ** “My son, attend to **My words**; incline thine ear unto My sayings. **Let them (the Words of God\*) not depart from thine eyes**; keep them in the midst of thine heart. For **they (the Words of God\*) are LIFE** (*John 6:63, below*) unto those that find them **and health to all their flesh.** (*Hebrew word for “health” used here is “medicine”*\*) Keep (guard) thy heart with all diligence; for out of it are (*AMP: flow*) the issues of life. Put away from thee a froward mouth (*AMP: false and dishonest speech*) and perverse lips put far from thee.” (*In other words, say only what the Word says\**. **John 17:17** “Thy Word is truth.” (\*my addition)

*Note: It is good to memorize scriptures, however where healing is concerned, the Word instructs us here to “let them (God’s Word—your medicine) not depart from thine eyes”. Which means that as our “Physician”, God’s instructions on taking His medicine is that you need to actually “take” the medicine internally by reading and speaking the scriptures daily. Think of it this way: You can memorize and quote from memory the instructions on a bottle of medicine 100 times a day. But if you never actually “take” the medicine per the instructions it will never do you any good.*

*It is the same with food. The “Word of God” is “food” or nourishment for your spirit. Where your physical body is concerned, when you are hungry, the memory of a steak and baked potato will not give you any nourishment. Even if you can remember exactly how it smells and tastes, the memory of it won’t do you a bit of good. To do you any good, you have to actually put the steak and potatoes in you by eating it! And you don’t have to understand how your body can take food and turn it into what it needs in order for it to do its job. All you have to do it just eat it. It’s the same with the Word of God. You don’t have to understand how healing works (or even what is wrong with you) for healing to work. All you have to do is put the Word of God in you—i.e. take the medicine!*

## God’s Medicine—His Word—carries within it the power to fulfill itself!

**John 6:63 KJ** “It is the spirit that quickens; the flesh profits nothing: *the words that I speak unto you, they are spirit, and they are LIFE.*” (*Proverbs 4:22*)

**Hebrews 4:12 AMP** “For the Word that God speaks is **alive and full of power making it active, operative, energizing, and effective**; it is **sharper than any two-edged sword** (*even a surgeon’s scalpel—think about it.\**) penetrating to the dividing line of the breath of life (soul) and the immortal spirit, and of joints and marrow of the deepest parts of our nature, exposing *and sifting and analyzing and judging* the very thoughts and purposes of the heart.” (\*my addition)

**Isaiah 55:11 AMP** “So shall My Word be that goes forth out of My mouth: **it shall not return to Me void without producing any effect, useless, but it shall accomplish that which I please and purpose, and it shall prosper in the thing for which I sent it.**”

*(Note: How does God’s word return to him today? By our speaking His Word back to Him as a confession of praise and thanksgiving for what He has already done.)*

### **IT IS God’s will for me to be healed!**

**Luke 5:12-13 KJ** <sup>“12</sup> And it came to pass, when he was in a certain city, behold a man full of leprosy: who seeing Jesus fell on his face, and besought him, saying, **Lord, if you will, you can make me clean.**”

*(Note: Millions of Christians today are praying “Lord, heal me, if it be thy will”. Why would we ever pray that prayer since in the very next verse, Jesus Christ Himself answers this question?)*

<sup>13</sup> And he (Jesus) put forth his hand, and touched him, saying, **I WILL**: be thou clean. And **immediately the leprosy departed from him.**”

*Now the leper, and all the rest of us, know what the will of God is concerning healing! And knowing this, we should never, ever ask Jesus again to heal us saying “if it be His Will!” And because the Word tells us that **Jesus never changes** (He is the same yesterday, today and forever—see scriptures below\*) if He said “I will” to the leper, what will He say to us now: **“I WILL”!***

### **If He is the Lord who healed me then, He is the Lord who heals me now!**

**\*Hebrews 13:8 KJ** “Jesus Christ, the same yesterday, today and forever.”

**\*Malachi 3:6 KJ** “For I am the Lord, I change not.”

**\*James 1:17 KJ** “Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.”

*Note: The will of God is NOT determined by anyone’s experiences, either good or bad. The Will of God is the Word of God. Period! You might say “if it was God’s will that everyone be healed, then everyone would be healed.” Not so. Think about it. We don’t say that about people being born-again. We never pray for someone to be born-again “if it is God’s will”. There are many things that happen that are not the will of God. Why? Because God gave man a “free will” to choose “life or death”. Is it God’s will that every person be born again? Yes. The Word of God is very clear on this. (John 3:16, 2 Peter 3:9) But is everyone born-again? No. But is it the will of God that all be born again? Yes. Then why isn’t everyone born-again? The same reason everyone is not healed—free will.*

**Ephesians 5:17** “Wherefore **be ye not unwise, but understanding what the will of the Lord is.**”

**1 Corinthians 2: 9-10-12 KJ** “But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart **of man**, the things which God hath prepared for them that love him. <sup>10</sup> **BUT God hath revealed** (“revealed” what? *What eye has not seen, ear heard, nor has entered the heart of man.*”) **them unto us by his Spirit**: for the Spirit searcheth all things, yea, the deep things of God.”

**1 Corinthians 2:11-12 KJ** “For what man knoweth the things of a man, save the spirit of man which is in him? Even so the things of God knoweth no man, **BUT** the Spirit of God. Now *we have received*, not the spirit of the world, but *the spirit which is of God; that we might know the things that are freely given to us of God.*”

*God’s will is not something that is mysterious and “unknowable”. If we couldn’t understand what His will is then He would not instruct us to “understand what the will of the Lord is”. 1 Corinthians 2:10 tells us “God has revealed” all these things to us by His Spirit. So the question becomes “where do we find the will of God?” It is closer than you think! We understand what His will is by His Spirit through His Word.*

**Romans 12:2 KJ** “And be not conformed to this world: but be ye transformed (from sickness and disease to health and wholeness, and from lack and poverty to wealth and prosperity. \*) **by the renewing of your mind, that you may prove what is that good, and acceptable, and perfect, will of God.**” (\*my addition)

**God’s highest wish is for me to be prosperous and to be in health—inside and out!**

**3 John 2 KJ** “Beloved, I wish (pray, desire) above ALL things that thou mayest prosper and be in health, even as thy soul (\*mind, will & emotions) prospereth.” (\*my addition)

*Prosperity and healing always come from the “inside out”, never the “outside in”.*

**Romans 12:1-2 KJ** “I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. <sup>2</sup> And **be not conformed to this world: but be ye transformed** (from sickness and disease to health and wholeness, and from lack and poverty to wealth and prosperity—from the inside out!\*) **by the renewing of your mind,** that ye may prove what is that good, and acceptable, and perfect, will of God.” (\*my addition)

*So, how do you “renew your mind”?* **2 Corinthians 10:4-5 KJ** “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; <sup>5</sup> **Casting down imaginations, and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ (the Word)**”

**God’s will is for me to be healed. Healing is working in me now!**

**Philippians 2:13 KJ** “For it is God who works *in you* both *to will* and *to do* for His good *pleasure.*”

*Note: I know we are not talking about this here, but Psalm 35:27 says that God takes pleasure in my prosperity. For more about the Word of God concerning your prosperity, see the link to the “5 Steps to Biblical Prosperity and Supernatural Debt Cancellation” located under “My Favorite Links” on the homepage of our website at [www.wbf4life.com](http://www.wbf4life.com). Also, if you want answers to all your questions about God and money, check out my latest book in the “Walking by Faith 4 Life™ Series”, “Wealth & Prosperity 4 Life” now available on Amazon.com. For more information see the website.*

**AMP** “*Not in your own strength*, for *it is God* Who is all the while effectually *at work in you, energizing and creating in you* the power and desire, both to will and to work for His good pleasure and satisfaction and delight.”

**God gets glory when I get healed, not when I get sick. It is never, under any circumstances the will of God that I be sick!**

**Matthew 15:30-31 KJ** “And great multitudes came unto him, having with them those that were lame, blind, dumb, maimed, and many others, and cast them down at Jesus' feet; and he healed them, (*Note: Jesus healed them right there, right then, “on earth”—not in heaven. We can expect and believe for the same!\**) Insomuch that the multitude wondered, when they saw the dumb to speak, (saw\*) the maimed to be whole, (saw\*) the lame to walk, and (saw\*) the blind to see: and they *glorified the God of Israel.*” (*When did they glorify the God of Israel? After they “saw” the people healed—not before! P.S. What does “maimed” mean? Parts were missing! Think about it.\**) (\*my addition)

**I serve the Lord, therefore healing is mine!**

**Exodus 23:25-26 AMP** “And you shall serve the Lord your God and He shall bless your bread and water and I will take sickness from your midst.”

**God’s Word will not fail in my life because it never changes!**

**Joshua 21:45 KJ** “Not a word failed of any good thing **which the Lord had spoken...ALL came to pass.”**

**Matthew 24:35 KJ** “Heaven and earth shall pass away, but my words shall not pass away.”

**Psalm 138:2 NKJ** “I will worship toward Your holy temple, and praise Your name, For Your lovingkindness and Your truth; For You have magnified Your word above all Your name.”

**I will not waiver in my faith! God is faithful to His Word!**

**Hebrews 10:23 KJ** “Let us hold fast the **confession** of our hope without wavering, for He who promised is **faithful.**”

**2 Timothy 2:13 AMP** “*If we are faithless*, do not believe and are untrue to Him, He remains true, faithful to His Word and His righteous character, for He cannot deny Himself.”

**Psalm 34:19 KJ** “Many are the **afflictions** of the righteous, but **the Lord delivers him out of them all.”**

**Numbers 23:19 KJ** “*God is not a man, that he should lie*; neither the son of man, that he should repent: *hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?*”

**2 Peter 2:9 AMP** “Now if all these things are true (*and they are\**) then be sure that *the Lord knows how to rescue the godly out of temptations and trials.*” (\*my addition)

**1 Corinthians 10:13 AMP** “For no temptation (no trial regarded as enticing to sin), *no matter how it comes or where it leads*, has overtaken you and laid hold on you that is not common to man. That is, **no temptation or trial has come to you that is beyond human resistance\*** and that is not adjusted and adapted and belonging to human experience, and such as man can bear. **But God is faithful to His Word** and to **His compassionate nature**, and **He can be trusted** not to let you be tempted and tried and assayed **beyond your ability and strength of resistance\* and power to endure**, but **with the temptation He will always also provide the way out**, the means of escape to a landing place, that you may be capable and strong and powerful to bear up under it **patiently.**” (*Greek word for “patience” means “cheerful endurance”*).

Note: \*Resistance is not God's job, it's ours. It is our job to resist. James 4:7 "Submit yourselves to God, resist the enemy and he will flee from you." If you don't resist the enemy, he will live with you!

**James 1:12 KJ** "Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him.

Note: "Temptations" or "trials" are never sent by God.

**James 1:13-14 AMP** "Let no one say when he is tempted, I am tempted from God; for God is incapable of being tempted by what is evil *and He Himself tempts no one*.<sup>14</sup> But every person is tempted when he is drawn away, enticed *and* baited by his own evil desire, lust, passions."

**I have confidence in God and His Word!**

**Regardless of what it looks like or feels like, I refuse to give up or give in!**

**Hebrews 10:35 AMP** "Do not, therefore, fling away your fearless confidence, for it carries a great and glorious compensation of reward."

**James 1:2-4 KJ** "My brethren, count it all joy when ye fall into divers (various) temptations; <sup>3</sup> Knowing this, that the trying of your faith worketh patience. <sup>4</sup> But let patience (cheerful endurance) have her perfect work, that ye may be perfect and entire, wanting nothing."

**I am confident in my healing declarations because they are based on the sure foundation of God's Word—which never changes!**

**1st John 5:14, 15 KJ** "And this is the confidence that we have in Him, that if we ask any thing according to His will (*which is His Word\**), he hears us: And if we know that He hears us, whatsoever we ask, we know that we have the petitions that we desired of Him." (\*my addition)

**John 16:23 KJ** "And in that day ye shall ask Me nothing. Verily, verily I say unto you, whatever you ask the Father in My name (according to My Word—John 14:7\*), He will give it you." (\*my addition)

\*John 14:7 KJ "If you abide in Me, and My words abide in you, you shall ask what ye will, and it shall be done unto you."

**When Jesus was lying in the tomb, His body was dead—every cell, bone, muscle, nerve and tissue was D-E-A-D, dead when the Spirit of God raised Him back to life.**

**No matter how sick I am, if I am still breathing, I am better off than Jesus was when He was lying dead in that tomb. (I am also better off than these whom Jesus raised from the dead: Lazarus (John 11:44), Jairus' daughter (Mark 5:41-42), a dead man raised at his own funeral! (Luke 7:11-15) The point is that no matter how sick I am, it is never too late!)**

**Romans 8:11 KJ** "But if the Spirit of him that raised up Jesus from the dead dwell in you, (*and because I am born-again, it does!\**) he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you." (\*my addition)

**AMP** "And if the Spirit of Him Who raised up Jesus from the dead dwells in you, (*and because I am born-again, it does!\**) then He Who raised up Christ Jesus from the dead will also restore to life your mortal (short lived, perishable) bodies through His Spirit Who dwells in you." (\*my addition)



*The Way* translation: “If the same Spirit of God of Him who raised Jesus from the dead has its home in you, (and because I am born-again, it does!\*) then He who raised the Messiah Jesus from the dead will **thrill with a new life your very bodies—those mortal bodies of yours—by the agency of His own Spirit which has its home in you.**” (\*my addition)

**Thank you Lord that because I am born-again, the Spirit of Resurrection Life in Christ now dwelling in me is flowing through every cell, bone, muscle, tissue, nerve and organ in my body, healing me and making my body whole and alive!**

**John 3:16 KJ** “For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.”

**Romans 10:9 KJ** “That if thou shalt **confess with thy mouth** the Lord Jesus, and shalt **believe in thine heart that God hath raised him from the dead, THOU SHALT BE SAVED.**”

*\*If you are not sure whether or not you are born-again, I encourage you right now to stop and pray this simple prayer:*

*“Jesus, I confess right now with my mouth that you are the one and only Son of God, Lord and Savior, and I believe that God raised you from the dead. I surrender my life to you and am asking you right now to come into my heart and be the Lord over every part of my life. Amen.”*

*It is just that simple. If you prayed this simple prayer of faith, you are now born-again and I welcome you into the kingdom of God. I encourage you to share this experience with someone today. God bless you.*

**God is working in me restoring my health right now!**

**Jeremiah 30:17 KJ** “For I will restore health to you and heal you of your wounds.”

**I take authority over sickness in my body!**

**Matthew 18:18 KJ** “Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

*Note: Again, it is not God’s job to “bind” and “loose”. It’s ours.*

**Sickness and disease is already forbidden in heaven, therefore, I forbid and declare sickness and disease to be improper and unlawful in my body, or for anyone else I am ministering to! (Note: Throughout scripture, our physical bodies are referred to as “earth”).**

**Matthew 18:18 AMP** “Truly I tell you, whatever you forbid and declare to be improper and unlawful on earth must be what is already forbidden in heaven and whatever you permit and declare proper and lawful on earth must be what is already permitted in heaven.” (See Acts 22:24-29—Paul about to be flogged, asked “is it lawful to flog a Roman citizen without cause?” We should be saying the same thing to the enemy: “Is it lawful for you to put sickness and disease on a citizen of the Kingdom of God? The answer is “NO”!)

Note: As part of the “Lord’s prayer” in Matthew 6:9-15, didn’t Jesus instruct us to pray “Thy kingdom come, **Thy will be done in earth, as it is in heaven**”? That tells us that God doesn’t have two different wills for heaven and earth.

So, let me ask you: Is there sickness or disease in heaven? No. Is there poverty or lack in heaven? No. Is there sin, bondage or destruction of any kind in heaven? No. Then is it ever God’s will for sickness, disease, poverty or lack to be “in the earth”. No. No. A thousand times NO!

Then what are **you** supposed to do about it? When it tries to come against you, **you** are to resist sickness, disease, poverty, lack, fear, depression, failure, bondage or anything else that is a part of the curse of the law that Jesus already delivered you from! (Galatians 3:13, James 4:7) **You** are to “**forbid and declare**” these things to be “**improper and unlawful**” in your life, or the lives of anyone else—in the name of Jesus!!

**Healing starts in my mind. Therefore, I take captive and cast down every thought and imagination concerning symptoms of sickness and disease!**

2 Corinthians 10:4, 5 KJ “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; (How\*?) **casting down imaginations** and every high thing that exalteth itself against the knowledge of God (Fact versus truth—see below\*) and **bringing into captivity every thought** to the obedience of Christ. (The Word\*)” (\*my addition)

Note: In other words, every time you have a thought you must ask yourself “does this thought line up with the Word of God, or does it contradict the Word of God?” If it contradicts God’s Word, resist it and kick it out and replace it with a thought from the Word of God. You “renew your mind” by “casting down imaginations and “bringing into captivity every thought to the obedience of Christ (which is the Word.) In other words, just say “NO” to that thought and replace it with the Word of God. See John 1:1,14 in the Amplified!

**I speak the Truth, not the facts!**

John 17:17. KJ “Thy Word is truth.”

**Fact versus Truth**

Facts can be altered. Truth cannot.

What the doctor says is **the fact**. What my body says is **the fact**. What my bank account says is **the fact**. What the unpaid bills say are **the facts**.

What the Word says is **the truth**. What the promise of God says is **the Truth**. Truth always supersedes the facts. Facts always bow to the Truth. When I speak **the Truth** of the Word of God over **the facts**, the facts will change.

A confession of healing **based on my symptoms or how I feel is a lie**.

My confession of healing **based on the Word of God that says I’m already healed is the Truth, regardless of how I feel or what my symptoms are**.

Note: By the same token, a confession of prosperity based on **the facts** of whether or not I have a job, or whatever is or is not in my bank account or how many unpaid bills I have **is a lie**. My confession of prosperity based on the Word of God that says I’m already prosperous **is the Truth**, regardless of how many unpaid bills I have or how broke I am at the moment.

**James 3:17 says that the Word of God is without hypocrisy.**

**It is not, therefore, hypocritical for me to confess my healing (or my prosperity) based on the Word of God, even though I may still have symptoms in my body (or no money in my bank account). If I will keep confessing, believing and receiving and standing on the Word of God pertaining to healing (and prosperity), the symptoms will go and the facts will change!**

**James 3:17 KJ** “But the wisdom that is from above (*the wisdom of God is the Word of God\**) is first pure, then peaceable, gentle, and easy to be entreated, (*that means anyone can do it\**) full of mercy and good fruits, without partiality, and without hypocrisy.” (\*my addition)

**I Speak the Truth, not the facts!**

*The Truth is that in Galatians 3:13 it says Christ has (already) redeemed me (past tense, already done) from every sickness and disease (and poverty, lack, fear, bondage and every other bad or evil thing under the curse of the law—(and anything I can think of that is bad or evil is a part of the curse!)...therefore:*

**Psalm 107:2 KJ** “Let the redeemed of the Lord say so.”

**Joel 3:10 KJ** “Let the weak SAY I am strong—(because *the Word says* “I’m strong”, even though I may “feel” weak\*); Let the poor SAY I am rich—(because *the Word says* “I’m rich”, even though my bank account may be empty or I have a stack of unpaid bills.\*); Let the sick SAY I am healed—(because *the Word says* “I’m healed”, even though I may still have symptoms in my body\*); Let those in bondage SAY I am free—(because *the Word says* “I’m free”, even though it may look like I am still in bondage., etc.\*) (\*my addition)

**Healing starts in my mind. According to Jesus, thoughts, good or bad have NO power until I speak them. Therefore, I speak only the truth of the Word of God, not the facts!**

**Matthew 6: 31-32 KJ** (*Jesus speaking*)<sup>31</sup> “Therefore *take no thought, saying,* What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?”

*Note: This includes saying things like: “How will I ever be free from this disease?” or “Will I ever be strong and energetic again?” or “How are we going to pay these bills?” or “Where are we going to get the money?” or “How are we going to get out of this?” The answer to all these questions is **“The Lord Will Provide!”** (See Genesis 22:8).*

*When the devil sends these negative thoughts, if you can’t remember a scripture at that moment or you don’t know anything else to say, say only **“The Lord Will Provide!!!”**—Because He already knows that “you have need of all these things”:*

“<sup>32</sup> For after all these things do the Gentiles seek: for your heavenly Father knows that you have need of all these things.”

## **God forgives ALL my iniquities and sins and heals ALL my diseases!**

**Psalm 103:2-5: AMP** “Bless (affectionately, gratefully praise) the Lord, O my soul, and all that is within me bless His holy name. Bless (affectionately, gratefully praise) the Lord, O my soul, and forget not one of all His benefits—**Who forgives every one of all your iniquities (sins)...**”

(\*already done—Ephesians 1:7; Colossians 1:14; 2 Corinthians 5:21—scriptures listed below (1),

**“Who heals each one of all your diseases...”**

(\*already done—Isaiah 53:5, Matthew 8:16-17, 1 Peter 2:24, Galatians. 3:13—scriptures listed below (2),

**“Who redeems your life from the pit and corruption...”**

(\*already done—Romans 8:2, Galatians 3:13—scripture listed below (3),

**“Who beautifies, dignifies and crowns you with loving kindness and tender mercy...”**

(\*already done—In fact, His tender compassions are new every morning and you can never use them up—Lamentation 3:21-25 AMP—scripture listed below (4),

**“that your youth, renewed, is like the eagle’s strong, overcoming, soaring...”**

(\*already done—Isaiah 40:31 AMP—scripture listed below (5)!” (\*my addition)

**\*(1) Ephesians 1:7 KJ** “In whom we have redemption through his blood, the **forgiveness of sins**, according to the riches of his grace.”

**\*(1) Colossians 1:14 KJ** “In whom we have redemption through his blood, even the **forgiveness of sins.**”

**\*(1) 2 Corinthians 5:21 KJ** “For he hath made him **to be sin for us**, who knew no sin; that **we might be made the righteousness of God in him.**”

**\*(2) Isaiah 53:5 AMP** (Isaiah prophesying looking ahead to the cross) “But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement needful to obtain peace and well-being for us was upon Him, **and with the stripes that wounded Him we are healed and made whole.**”

*Note: Even though Isaiah is prophesying, looking ahead to what Jesus would do on the cross, in both the KJ and the AMP translation, he said “He was” wounded, bruised, chastised for our peace—all past tense. And that we “are healed”, which is present tense. This means that even though Isaiah said this long before Jesus ever came on the scene, when he prophesied it, as far as God is concerned it was already a “done deal”, we were (“are”) already “healed”—even then!*

**\*(2) Matthew 8:16-17 KJ** “When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with his word, and *healed all* that were sick: That it might be fulfilled which was spoken by Esaias (Isaiah) the prophet, saying, **Himself took our infirmities, and bare our sicknesses.**”

**\*(2) 1 Peter 2:24 AMP** (Peter looking back at the cross) “He personally bore our sins in His own body on the tree as on an altar and offered Himself on it, that we might die (cease to exist) to sin\* and live to righteousness. **By His wounds you have been healed.**” (Past tense, already done!)

**\*(3) Romans 8:2 KJ** says “For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.”

*That means you **do not have to sin**. If you sin, you do so because you choose to—remember, Free Will. Not because “the devil made me do it”. So, stop using that as an excuse to sin.*

**\*(3) Galatians 3:13-14 KJ** (Every sickness and disease is a part of the curse of the law—Deut. 28:15-61\*)  
“Christ **hath redeemed us from the curse of the law**, (past tense—already done!\*) being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: <sup>14</sup>That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith.” (\*my addition)

**\*(4) Lamentations 3:20-25 AMP** <sup>21</sup>But this I recall and therefore have I **hope and expectation\***: <sup>22</sup>It is because of the Lord’s mercy **and loving-kindness** that we are **not consumed...**

*Note: The Hebrew word for “consumed” used here means “to be spent, be wasted, used up, come to an end, to fail”. This means that because of the “Lord’s mercy and loving-kindness”, I am not “spent, or wasted, or used up, nor will I come to an end and I cannot fail!” Why? (read the next line:),*

“...because **His tender compassions fail not**. <sup>23</sup>They are **new every morning; great and abundant is Your (God’s) stability and faithfulness**. <sup>24</sup>The Lord is my portion *or* share, **says my living being my inner self** (*Psalm 91:1-2*); **therefore will I hope in Him and wait expectantly for Him\***. <sup>25</sup>**The Lord is good to those who wait hopefully and expectantly for Him\***, to those who seek Him, inquire of and for Him and require Him by right of necessity and on the authority of God’s word.” (\*My addition)

**\*(5) Isaiah 40:31 AMP** “But **those who wait for the Lord**, who expect, look for, and hope in Him **shall change and renew their strength and power**; they shall lift their wings *and* mount up close to God **as eagles mount up to the sun**; they shall run and not be weary, they shall walk and not faint *or* become tired.

**When I am weak, the Spirit of God in me makes me strong—and I say so—I am strong!**

*Note: There is power in the spoken word (Proverbs 18:21 “Death and life are in the power of the tongue.”)*

*If you are weak in your body right now, either from sickness, stress or any other reason, say the **bolded and underlined** parts of the scriptures below **out loud over and over**. I have adjusted them to read in the “first person” making them personal declarations. (It may seem odd at first, but when you do it a few times it will become natural to you)*

*Speak them over whatever part of your body is having issues (i.e. “My heart is strong”. “My joints and bones are strong”. “My mind, my nerves, my eyes, my ears, my back, my bank account, income, job, etc. is strong”.)*

*And remember Fact Vs Truth. It is NOT hypocritical for you to say “I’m strong” even if you don’t “feel” strong. If you will do this, I guarantee you that strength will begin to flow into every part of your body.*

**Joel 3:10 KJ** “Let the weak say **I am STRONG.**”

**Phillipians 4:13 KJ** “**I can do all things through Christ who STRENGTHENS me.**”

**AMP: “I have STRENGTH for all things in Christ, who empowers me; I am ready for anything and equal to anything through Him Who infuses inner STRENGTH into me: I am “self-sufficient” in Christ’s sufficiency.”**

**2 Corinthians 12:10 KJ** “Therefore I take pleasure *in* (not “for”—big difference\*) infirmities, *in* (not for\*) reproaches, *in* (not for\*) necessities, *in* (not for\*) persecutions, *in* (not for\*) distresses for Christ's sake: **for when I am weak, then am I STRONG.** (AMP **“when I am weak in human strength, then am I truly STRONG, able, powerful in divine STRENGTH.”**) (\*my addition)

**Psalm 18:32 KJ** “**It is God that girds (fills) me with STRENGTH** and makes my way perfect.”

**Psalm 27:1 KJ** “The Lord is my light and my salvation; whom shall I fear? **The Lord is the STRENGTH of my life; of whom shall I be afraid.**”

**Psalm 29:11 KJ** “**The Lord will give ( AMP: unyielding and impenetrable) STRENGTH unto (me)** His people; **the Lord will bless (me)** His people **with peace.**”

**Psalm 71:16 KJ** “**I will go in the STRENGTH of the Lord God.**”

**Psalm 84:7 KJ** “They **(I) go from STRENGTH to STRENGTH.**”

English version says “They **(I) grow STRONGER as they (I) go.**”

**Proverbs 18:14 AMP** “The **(my) STRONG spirit** of a man (or woman) **sustains** him **(me) in bodily pain or trouble**, but a weak and broken spirit who can raise up or bear?”

**1 Peter 4:11 AMP** “...whoever **(when I) renders service**, let him **(I will) do it as with the STRENGTH which God furnishes abundantly (to me)**; so that in all things God may be glorified through Jesus Christ the Messiah.

**Ephesians 6:10 KJ** “Finally, my brethren, be **(I am) STRONG in the Lord and in the power of His might.**”

**AMP: “In conclusion, be (I am) STRONG in the Lord; be (I am) EMPOWERED through your (my) union with Him; (I) draw your (my) STRENGTH from Him, that strength which His BOUNDLESS MIGHT provides.”**

**Isaiah 40: 28-31 AMP** “<sup>28</sup> Have you not known? Have you not heard? The everlasting God, the Lord, the Creator of the ends of the earth, does not faint or grow weary; there is no searching of His understanding. <sup>29</sup> **He gives POWER to the faint and weary, and to him who has no might He increases STRENGTH causing it to multiply and making it to abound.** <sup>30</sup> Even youths shall faint and be weary, and selected young men shall feebly stumble *and* fall exhausted; <sup>31</sup> **But** those who **(because I) wait for the Lord,** (*not being depressed, sad and worrying, but with hope and expectation—Lamentations 3:20-25\**) **who expect, look for, and hope in Him (I) shall change and renew (my) their STRENGTH and POWER; they (I) shall lift (my) their wings and mount up close to God as eagles mount up to the sun; they (I) shall run and not be weary, they (I) shall walk and not faint or become tired.**” (\*my addition)

**Even if the sickness or disease in my body is a direct result of bad choices I have made or even sin that I have committed, God's mercy covers it.**

**Psalm 107:17-20: AMP** “Fools because of *their transgression* and because of *their iniquities are afflicted*. They loathe every kind of food and they draw near to the gates of death. Then they cry to the Lord in their trouble and He delivers them out of their distresses. **He sends forth His Word and heals them** (\*“them” who? Those who are “afflicted” because of “*their transgressions*” and “*their iniquities—sin, bad choices, ect.*) **and rescues them from the pit and destruction.**” (\*my addition)

*\*Note: This scripture was great news to those in the Old Testament. However, there is better news for us who are born-again and who live in the New Testament concerning this verse. This verse was written under the Old Covenant, before Jesus came to the earth and went to the cross, and there paid for and redeemed us from all the sins we ever committed or ever will commit.*

*Because we are on this side of the cross and are a part of the New Covenant, we no longer have to “cry to the Lord in our trouble” or pray for God to “send His Word to heal us” as they had to do under the Old Covenant. Why? Because **God has already forgiven us, delivered us and He has already “sent forth His Word” and healed us as a part of the New Covenant under which we live.***

*It is already done! We should not be asking God to do something He has already done! We just have to believe it and receive it and take it. (See John 1:1 and 14, Galatians 3:13 and Mark 11:24 below).*

**John 1:1 KJ** “In the beginning was the Word (AMP: *Christ*), and the Word (*Christ*), was with God, and the Word (*Christ*), was God. (“*Christ*” and “*the Word*” are the same, interchangeable\*) (\*my addition)

**V14** “And the Word (AMP: *Christ*) was made flesh (AMP: *human incarnate*), and dwelt among us and we beheld his glory, the glory as of the only begotten of the Father, full of grace and truth.”

**Galatians 3:13 KJ** “Christ *has redeemed us* from the curse of the law (\**sickness and disease, poverty, lack, fear, bondage and every other bad thing which is a part of the curse of the law.*) being made a curse for us.” (\*my addition)

*Note: Where did Christ redeem us from everything under the curse? On the cross! —past tense, already done!*

**Mark 11:24 KJ** (*Jesus speaking*) “Therefore I say unto you, What things soever ye desire, *when you pray, believe that you receive them, and you shall have them.*”

**Even sin cannot keep me from being healed. I receive my healing and repent of my sins.**

**James 5:14-15 KJ** <sup>14</sup> Is any sick among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: <sup>15</sup> And the prayer of faith shall save (*restore, heal*\*) the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him”. *Note: In this verse “the sick” were first “healed” and then “forgiven” of their sins.*

*\*Greek word for “save” used here is “Sozo” meaning to “save, preserve, restore, heal”. This word is used interchangeably throughout the NT for “salvation” and “healed”)*

## **God's Word does not return to Him void!**

**Isaiah 55:11 AMP** “So shall My word be that goes forth out of my mouth: **it shall not return to Me void\***, without producing any effect, useless, but it shall **accomplish** that which I please and purpose, **and it shall prosper in the thing for which I sent it.**”

*\*Note: Because in the NT God dwells in the heart of man through whom He speaks, how then does God's Word return to Him today? His Word returns to Him through our **speaking the promises from the Word of God in faith back to Him in praise and thanksgiving for what He has already done.** 99% of your prayer time should be spent in speaking the Word in faith and thanksgiving back to God **for what He has already done for you through Jesus Christ**—not a “laundry list” of your wants and needs.*

*Because the truth is that God has already done all He is ever going to do for you and has provided everything you will ever need in this life, and the life hereafter, through Jesus Christ. According to His Word, God is not moved by your “needs” or “wants”. He is compassionate to your needs, but He is only moved by your faith. Therefore, why would we ever ask God for something that His word already tells us He has provided for us?*

*Then how do we receive it here and now? See Mark 11:22-25 below.)*

**What I say makes a difference! I don't talk to God about the mountain (of sickness, disease, lack, poverty, debt, etc.) I talk TO the mountain (of sickness, disease, lack, poverty, debt, ect.) about God!”**

**Doing these 4 things as outlined by Jesus in these verses will set me free from anything and bring a miracle in my life every single time!**

**Mark 11: 22-25 KJ v22**“And Jesus answering saith unto them, **(1) Have faith in God.** (Hebrews 11:6, Romans 10:17) ’

*Note: In Mark 11:12-14 Jesus, who wants to teach the disciples how to walk and operate by faith, first demonstrates the power of words spoken in faith by speaking to the fig tree—and the disciples heard Him which means He said it **out loud.***

*Verse 21-22 tells us that when they passed by the same tree the next day, Peter notices and comments that the fig tree had “dried up from the roots”. Jesus used this example to teach them the four main steps of faith in how they could accomplish the same thing He had just done which is recorded in Mark 11:22-25. (Also, in John 14:12 Jesus tells us that we can do everything He did on earth and greater.)*

*Starting in Verse 22, we see the first step is to “have faith in God”. It is impossible to please God without faith (Hebrews 11:6). And faith only comes by “hearing and hearing by the Word of God (Romans 10:17) Therefore, you cannot have “faith in God” without knowing the Word of God pertaining to your particular situation. The “will of God” is the “Word of God”. So until you know what the will of God is (the Word of God) concerning your situation, you are not ready to pray the prayer of faith or proceed to Step #2, which is listed in verse 23.*

**v23** “For verily I say unto you, That whosoever shall **(2) say unto this mountain,** Be thou removed and be thou cast into the sea; **and shall not doubt in his heart,** but **shall believe that those things which he saith shall come to pass;** he shall have whatsoever he **saith**\*...



Notice in verse 23 that Jesus mentions “believing” once and “saying” three times. Saying appears to carry more weight than believing. Therefore, using our faith in the Word of God, we are to **talk directly to the thing we want changed—not God**. We are to command sickness and disease to “get out” of our body and our life; By the same token, we are to command poverty and lack to “get out” of our lives. We are to speak to **sickness, disease, poverty, lack, or anything else standing in our way** and tell it to “**get out!**”

Jesus said if you don’t doubt in your heart, but **believe what you say will come to pass, you will have it!** And it’s not just saying any old thing off the top of your head. It says here that you must “**doubt not in your heart, but believe what you say will come to pass**”. And the only way you can do that is if what you are **saying and confessing is based on the Word of God coming from within in you**. And if you don’t “put it in you” it can’t come out of you. If your confessions are based on the Word of God, then you will believe it when you say it!

**Note: Verse 23 is NOT talking about prayer!** Jesus doesn’t say we are to cry out to God and beg Him to remove the mountain. He is instructing us here to speak directly to the “mountain” (What is the “mountain”? That thing that is standing in your way—sickness, lack, poverty, bondage, fear, failure, etc.) Once you have established your foundation of faith based on the Word (will) of God for whatever you are dealing with, you then use God’s Words to command that mountain to get out of your way in the name of Jesus. Once you have done those two things, now you are ready to pray the prayer of faith!

(continuing from Mark 11 above)...v24 “Therefore I say unto you, what things soever ye **desire**, when ye **pray** (now you are praying\*), **(3) believe that ye receive them AND ye shall have them.**”

The word for “receive” used here is the Greek word “lambano” which means “to take” “Receive” is not a passive word. It is aggressive! And it is not enough to just “believe”. You can go your whole life believing that it is God’s will for you to be healed and prosperous and never get healed or prosper. You must believe it **AND receive it** (take it) in order to have it!

How do you “believe you receive (take)” something you can’t “see or feel”—by **FAITH!**—Faith in the Word of God that says it already belongs to you. You must “believe you receive it” (based on the Word of God that says it is yours—Step 1) before you have it in order to get it. That is how faith works.

**\*Note:** In consistency lies the power. It’s not just what I say in my time of prayer, it’s what I say all the time. According to James 3, blessing and cursing cannot come out of the same mouth. What does that mean?

You can’t speak your healing and wholeness and “believe you receive it” in your time of prayer and then go and tell somebody how sick you are.

Speaking blessing and cursing or faith and unbelief out of the same mouth is being double-minded. James 1:6-8 says “But let him ask in faith, nothing wavering. For he that wavers is like a wave of the sea, driven with the wind and tossed. **For let not that man think that he shall receive anything of the Lord.** A double minded man is unstable in all his ways.”

(continuing from Mark 11 above)...v25 And when you stand praying, **(4) forgive if you have aught against any:** that your Father also which is in heaven may forgive you your trespasses. (\*that means always walking in God’s commandment of love—according to Galatians 5:6 faith won’t work without love.)

v26 But if ye do not forgive, **neither will your Father which is in heaven forgive your trespasses\***.”

*\*Note: In the AMP translation, verse 26 is in italics, which means it was added by the translators and NOT in the original text. Contrary to what most believe, this verse is NOT saying that sometimes God forgives and other times He doesn't. God, through Jesus Christ, has already forgiven us of every sin we have ever committed, and every sin we will ever commit.*

*However, if WE harbor unforgiveness or resentment towards someone else, it won't be possible for US to RECEIVE God's forgiveness when we sin. You can't walk in forgiveness from God and unforgiveness towards others at the same time, just like you can't walk in faith and unbelief at the same time. As it says in James, that is being "double-minded". And we have already established what being "double-minded" gets you—nothing! (Remember the Lord's Prayer: "forgive us our trespasses AS we forgive those who trespass against us".)*

**Because unforgiveness will absolutely stop the flow of faith and God's provision of healing (or any other provision) in my life, I refuse under any circumstances to walk in unforgiveness—no matter what anyone does or says to me—I choose to forgive.**

**Forgiveness is never for the person who wronged me—it is always for me.**

**Matthew 18: 21-35 AMP** Then Peter came up to Him and said, Lord, how many times may my brother sin against me and I forgive him and let it go? As many as up to seven times? **22** Jesus answered him, I tell you, *not* up to seven times, **but seventy times seven!**"

*(That comes out to 490 times a day or 20.4 times an hour. If you only count waking hours (16) it would be 30.6 times an hour—about once every two minutes! In other words, we don't wait until someone offends us to decide that we forgive them, **we are to walk and live in forgiveness all the time.** When my feet hit the floor every morning, I make the choice that no matter what anyone does to me today, I choose now to forgive them. That way, you have already forgiven them before they even do anything to offend you. Forgiveness is never for the person who wronged you—it is always for you!)*

**Likewise, because fear will also absolutely stop the flow of faith and God's provision (of healing) in my life, I refuse under any circumstances to walk in fear. I refuse to entertain fear for even a moment. The second I sense fear, I resist it by saying NO!**

**Mark 5:36 KJ** "Fear not, only believe!"

**AMP** "Overhearing but ignoring what they said, Jesus said to the ruler of the synagogue, Do not be seized with alarm and struck with fear; only keep on believing."

*Note: Fear is not a "feeling" or an "emotion", it is a spiritual force. That is why when you "sense" fear, it is not in your head, it is in your "heart", or the center of your spiritual being. Think about it. Have you ever been in a car and were almost in a wreck? When that moment of fear hit you, where did you "feel" the fear? Not in your head, but in your "gut", right? That's because it came to you through your spirit. The moment you sense fear, you must immediately "resist it" by simply saying out loud "NO! I refuse and rebuke fear", and I guarantee you, it will leave. (James 4:7)*

**Fear, like unforgiveness, is from the enemy and is *not* an emotion, it is a spiritual force and it is never from God. Therefore I rebuke and resist both fear and unforgiveness—and they both have no choice but to go!**

2nd Timothy 1:7 KJ “For God has not given us *the* spirit of fear; but of power, and of love, and of a sound mind.”

AMP “For God did not give us a spirit of timidity, of cowardice, of craven and cringing and fawning fear (*fear will paralyze you and contaminate your faith, and fear will make you timid and keep you from acting on your faith\**) but He has given us a spirit of power and of love and of calm and well-balanced mind and discipline and self-control.” (\*my addition)

James 4:7 AMP “So be subject to God. Resist the devil, stand firm against him, and he will flee from you.” (*I just say NO!*)

**Forgiveness is also a choice I make. Even if I don’t “feel” like it, I must choose to forgive. If I continue to do this, the “feelings” of forgiveness will eventually match my choice.**

**Faith only works through love, walking always in forgiveness, therefore I always walk in love and forgiveness.**

Galatians 5:6 AMP “For if we are in Christ Jesus, neither circumcision nor uncircumcision counts for anything, but only faith activated and energized and expressed and working through love.”

**Since faith only works by love; AND it is impossible to please God without faith; therefore it is impossible to please God without walking in love.**

Hebrews 11:6 KJ “Without faith it is impossible to please God.”

*If you want to learn what it means to walk in love on a daily basis, go to 1 Corinthians 13 in the Amplified Bible and read verses 4 through the first line of verse 8 in the first person; replacing the word “love” and “it” with the word “I.”*

**No matter what afflictions come, the Lord delivers me out of them ALL!**

Psalms 34:19 AMP “Many are the afflictions of the righteous, but the Lord delivers him out of them ALL!”

**Success as a Christian is not the absence of trials and tribulations—it’s the overcoming of trials and tribulations. Through Jesus Christ I overcome every trial and tribulation!**

John 16:33 AMP “I have told you these things, so that in Me you may have perfect peace and confidence. In the world you have tribulation and trials and distress and frustration; BUT be of good cheer; take courage; be confident, certain, undaunted! For I have overcome the world. I have deprived it of power to harm you and have conquered it for you.” (Galatians 3:13)

**God is not a “sometimes He does—and sometimes He doesn’t” God. ALL the promises of God are always YES! In Christ, I always win!**

2 Corinthians 1:18-20 AMP “<sup>18</sup>As surely as God is trustworthy *and faithful and* means what He says, our speech *and* message to you have not been ‘Yes’, that it might mean ‘No’.

<sup>19</sup> For the Son of God, Christ Jesus, the Messiah, Who has been preached among you by us, was not ‘Yes’ and ‘No’; **BUT in Him it is always the divine ‘Yes’.**

<sup>20</sup> **For as many as are THE PROMISES of God, they ALL find their ‘YES’ ANSWER in Him, Christ.**  
For this reason we also utter the Amen, so be it, to God through Him to the glory of God.”

**2 Corinthians 2:14 AMP** “But thanks be to God, **Who in Christ ALWAYS leads us in triumph**, as trophies of Christ's victory, and through us spreads and makes evident the fragrance of the knowledge of God everywhere.” (And if you are born-again, you are “in Christ”,)

**Christ has already freed me from everything under the curse of the law of sin and death!**

**Romans 8:2 KJ** “For the law of the Spirit of Life in Christ Jesus has **made me free** from the law of sin and death.” (Deuteronomy 28:15-61, Galatians 3:13)

**Every sickness and every disease is under the curse of the law and listed in Deuteronomy 28:15-60. Also every sickness and every plague not listed there is included under the curse (Deut. 28:61).**

**Even if the disease I have is something they just discovered yesterday, if it is a sickness or disease it is still a part of the curse and I am already free from it!**

**As a born-again Christian, I am no longer under the power and influence of the curse!  
I AM BLESSED—NOT CURSED! (The Blessing is listed in Deuteronomy 28:1-14),**

**Galatians 3:13 KJ** “Christ hath redeemed us (AMP: *Purchased our freedom redeeming us*) from the curse of the law, (*past tense, already done*) being made a curse for us; for it is written cursed is everyone who hangeth on a tree: That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith.”

**Every blessing God promised to Abraham\* is mine! (\*Genesis 12:1-3; 13:1-2; 24:1, 35)**

**Galatians 3:29 KJ** “And if you be Christ’s, then are you Abrahams seed and **heirs according to the promise.**”

**Christ has already redeemed me from everything under the curse, therefore I am already redeemed from every sickness and every disease (and poverty, lack, debt, failure, fear, bondage of any kind, etc.) under the curse.**

**I am not the sick trying to get healed—I am already *the healed* that the enemy is trying to make sick! Therefore, I resist every symptom of sickness and disease that attempts to come on my body! I just say NO!**

**James 4:7 KJ** “Submit yourselves therefore to God. **Resist the devil**, and he will flee from you.”

**I am the healed that the enemy is trying to make sick! I don't have to bear or put up with anything that Christ already bore for me!**

**1 Peter 2:24 AMP** (*Peter looking back at the cross\**) “He (Christ) personally bore our sins in His own body on the tree as on an altar and offered Himself on it, that we might die (cease to exist) to sin and live to righteousness. By His wounds you have been healed (*past tense, already done\**).” (\*my addition)

**Matthew 8:17 AMP** “And thus He fulfilled what was spoken by the prophet Isaiah (Isaiah 53:5), *He Himself took in order to carry away our weaknesses and infirmities and bore away our diseases* (*\*past tense, already done*).” (\*my addition)

**Just like the woman with the issue of blood and blind Bartimaeus, MY faith makes me whole!**

**Mark 5:34 KJ** (*The woman with the issue of blood*) “And He said unto her, Daughter, thy faith hath made thee whole; go in peace and be whole of thy plague.”

**Mark 10:51-52 AMP** “And Jesus said to him (*Bartimaeus\**), What do you want Me to do for you? And the *blind man* said to Him, Master, let me receive my sight. And Jesus said to him, Go your way; your faith has healed you. And at once he received his sight and accompanied Jesus on the road. (\*my addition)

**Matthew 15:28 KJ** “Then Jesus answered her, O woman, great is your faith! **Be it done for you as you wish. And her daughter was cured from that moment.**”

**Luke 17:19 KJ** (*The ten lepers healed. Only one came back to glorify God for his healing*) “And he (Jesus) said unto him, Arise, go thy way: thy faith hath made thee whole.”

*“Frank, are you saying that MY faith can instigate and bring healing to my body and make me whole?”*

**ABSOLUTELY NOT—JESUS SAID IT!**

**So how does faith come?**

**Romans 10:17 KJ** “So then faith cometh by hearing, and hearing by *the word of God.*”

**With the same bruises, Jesus paid the price for my sins and my sicknesses!  
I don't have to bear what Christ already bore for me!**

**Isaiah 53:4-5 AMP** (*Isaiah prophesying, looking ahead to the cross\**) “Surely **He has borne our griefs, sicknesses, weaknesses and distresses and carried our sorrows and pains** of punishment, yet we ignorantly considered Him stricken, smitten and afflicted by God (as if with leprosy). **BUT** He was wounded **for our** transgressions, He was bruised **for our** guilt and iniquities; the chastisement needful to obtain peace\* and well-being **for us** was upon Him, and with the stripes that wounded Him **we are healed AND made whole.**” (\*my addition)

*\*Note: The word “**peace**” that is used here is from two Hebrew words: “shalowm” and “shalam”. If you read the definitions of these two Hebrew words, you will find they mean so much more than just salvation and eternal life. They also include financial blessing and prosperity, which means that Jesus also purchased our financial blessing and prosperity on the same day and at the same time that he purchased our healing and our salvation! Go read 2 Corinthians 8:9)*

## **God is good...ALL the time!**

**Psalm 107:1 AMP** “Oh give thanks to **the Lord**, for **He is good; for His mercy and loving kindness endure forever!** Let the redeemed of the Lord SAY SO, whom He has (past tense, already done) delivered from the hand of the adversary”

**Psalm 145: 8, 9 KJ** “**The Lord is gracious and compassionate**, slow to anger and rich in love. **The Lord is good to ALL; he has compassion on all he has made.**”

**Lamentations 3:20-25 AMP** “<sup>21</sup> But this I recall and therefore have I hope and expectation: <sup>22</sup> It is **because of the Lord’s mercy and loving-kindness that we are not consumed**, because **His tender compassions fail not.** <sup>23</sup> They are new every morning; great and abundant is Your stability and faithfulness.”

## **I am redeemed from everything under the curse of the law—and I am supposed to say so—even if I still have symptoms in my body!**

**Psalm 107:2 AMP** “Let the redeemed of the Lord *say so\**, whom He has delivered from the hand of the adversary.” (*Galatians 3:13*)

**Joel 3:10 KJ** “Let the *weak SAY\* I am strong.*” (\*i.e. let the poor say ‘I am rich’; let the sick say ‘I am well’; let those in bondage say ‘I am free’, etc.—In other words, say what God says, not what your circumstances or symptoms say.)

**Proverbs 18:21 KJ** “**Death and life are in the power of the tongue**: and they that love it shall eat the fruit thereof.”

## **It is God’s will AND my choice to live a long healthy and blessed life! I am a fighter and I will never give up!**

**Deut. 30:19 AMP** “I call heaven and earth to record this day against you that **I have set before you life & death, blessing & cursing**; therefore *choose life*, that both thou and thy seed may live.”

**1 Timothy 6:12 KJ** “Fight the *good fight of faith, lay hold* on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses.”

*Note: What is a “good fight”? One that I win! And “in Christ”, I always win! 2 Corinthians 2:14*

**Proverbs 18:14 AMP** “The **strong spirit of a man sustains him in bodily pain** or (*bodily\**) **trouble.**” (*\*my addition*)

## **I choose life by my words and my actions. There is power in my words!**

**Proverbs 18:20-21 AMP** “A man’s self shall be filled with the fruit of his mouth; and with the consequence of his words he must be satisfied, whether good or evil. **Death and life are in the power of the tongue and they who indulge in it shall eat the fruit of it, for death or life.**” (*For more on the power of the tongue, read James 3*)

**Psalm 118:17 AMP** “*I shall not die but live*, and *shall declare* the works and recount the illustrious acts of the Lord.

**Matthew 12:37 AMP** "...for out of the *abundance of the heart, the mouth speaks*. A good man out of the good treasure of the heart bringeth forth good things and an evil man out of the evil treasure bringeth forth evil things."

**Matthew 12:36 KJ** "But I say unto you, That every **idle word** that men shall speak, they shall give account thereof in the *day of judgment*."

*Note: **When** are we judged for every idle word that comes out of our mouths? **When it comes out of our mouths!** Not when we get to heaven. Look at Galatians 6:7 and Matt. 12:37. This is also referring to the universal spiritual law of "seedtime and harvest" that will be in operation as long as the "earth remains". God set up from the beginning. See Genesis 8:22.*

**Galatians 6:7 KJ** "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

**Matthew 12: 27 AMP** "For by **your words** you will be justified and acquitted, and by **your words** you will be condemned and sentenced."

**Genesis 8:22 KJ** "While the earth remains, *seedtime and harvest*, and cold and heat, and summer and winter, and day and night shall not cease."

**I will not be double-minded. I speak only health and healing, not sickness and disease. I speak only wealth and prosperity, not poverty and lack. I speak favor and blessing, not failure and cursing.**

**Regardless of how I feel or what my circumstances look like, I say only what God says!**

**James 1:6-8 KJ** "But let him ask in faith, *nothing wavering*. For he that wavereth is like a wave of the sea driven with the wind and tossed. *For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways.*"

**James 3: 10-12 KJ** "Out of the same mouth proceedeth *blessing and cursing*. *My brethren, these things ought not so to be*. Doth a fountain send forth at the same place sweet water and bitter? Can the fig tree, my brethren, bear olive berries? either a vine, figs? so can no fountain both yield salt water and fresh."

*Being "double-minded" means believing, receiving and speaking your healing (or your prosperity or any other blessing of God) while in the place of prayer and then turning around and telling someone how sick (or broke, or depressed, or in bondage, etc.) you are when asked 'how are you doing?'. That is speaking "blessing and cursing" and faith will never work if that is what you are doing.*

**I am not moved by a doctor's report, or any symptoms I can see or feel (or my bank statement or how many unpaid bills I have). I am only moved by what I believe and receive!**

**2 Corinthians 4:18 AMP** "Since we consider and **look not to the things that are seen**, but to the things that are **unseen**; for **the things** that are **visible** are **temporal brief and fleeting** (*\*subject to change –Facts*), but **the things** that are **invisible** are **deathless and everlasting** (*\*the Word of God – Truth*)."  
*Go back and review "fact vs truth on p.10 (\*my addition)*

**2 Corinthians 5:7 KJ** "For we walk by faith, **not by sight**."

**Hebrews 11:1 KJ** “Now faith is the substance of things hoped for, the **evidence of things not seen.**”

**AMP** “Now faith is the assurance, the confirmation, **the title deed** of the things we hope for, being the proof of things we do not see and the conviction of their reality, faith perceiving as real fact what is not revealed to the senses.”

*Note: Not “yesterday” faith, or “tomorrow” faith, but **NOW faith!** Faith never says ‘I will be healed’. Faith always says ‘I am healed’ or ‘I am prosperous’—regardless of what the “facts” say. Always put faith in the present tense regardless of the symptoms or circumstances.*

*Also, look again at the Amplified of this verse. You can’t have a title deed to something that does not exist. Therefore the “things” you hope for, (believe you receive) already exists—you just can’t see them yet—that is why it takes the operation of your faith based on the Word of God in order to receive them!*

**And faith only comes one way: by hearing and hearing—over and over—the Word of God!**

**Romans 10:17 KJ** “So then faith cometh by hearing and hearing by the Word of God.”

**Just like God, by faith I confess the end results of what I desire as if it is already done!**

**Romans 4:17 KJ** “...even God, who quickeneth the dead and calleth those things which be not as though they were.”

**I will testify of my healing!**

**Revelation 12:11 KJ** “And they overcame him by the blood of the lamb and the word of their testimony.”

**2 Corinthians 4:13 AMP** “Yet we have the same spirit of faith as he had who wrote, I have believed, and therefore have I spoken. *We too believe, and therefore we speak.*”

**Faith that “acts” is alive. Faith that doesn’t “act” is dead. I can’t just speak faith, I must act on my faith. There is power in my words AND my actions!**

**James 2:17 AMP** “So also faith, if it does not have works; deeds and corresponding actions of obedience to back it up, (faith\*) **by itself is destitute of power; inoperative, dead.** (\*my addition)

**God is good. The devil is bad. Therefore, healing is good. Sickness is bad. (just as ‘prosperity is good. Poverty and lack is bad’)**

**Acts 10:38 KJ** “How God anointed Jesus of Nazareth with the Holy Ghost and with power who went about doing good and healing ALL that were oppressed of the devil; for God was with him.”

*2 Corinthians says “out of the mouth of two or three witnesses let every word be established.” We have more than “two or three” witnesses that tell us that ALL sickness and disease is from Satan and is a part of the curse! There are 6 witnesses below\*.*

*Note: Go read the account of creation in Genesis 1. Gen. 1:31 says “And God saw everything that he had made, and, behold, it was very good.” No sickness, nor anything else bad that is under the curse is ever “good”. Therefore, God had nothing to do with sickness and disease therefore they are NEVER from God.*



**Genesis 1:31 KJ** “And God saw everything that He had made, and, behold, it was very good. And the evening and the morning were the sixth day.

**Genesis 1:31 AMP** “And God saw everything that He had made, and behold, it was very good, suitable, pleasant *and* He approved it completely. And there was evening and there was morning, a sixth day.”

**\*Look at these “six witnesses” from the scriptures:**

**David** wrote disease is “evil”, “*a thing of Belial (Satan)*” (Psalm 41:8 AMP, Young’s Literal Translation);

**The book of Job** tells us that Satan “smote Job with disease (Job 2:7)

**Jesus said** Sickness is “*demonic*” (Matthew 8:16 AMP);

**Jesus said** that infirmity was caused by a “*demon of sickness*” (Luke 13:11 AMP);

**Jesus** also called sickness “*satanic bondage*” (Luke 13:14 AMP);

**Jesus said** Sickness is “*satanic oppression*” (Acts 10:38);

Even **death\* is from Satan** and is the “enemy of God” (1 Corinthians 15:26)

*Note: Death, just like sickness and disease is **not**, and **never was** a part of God’s creation. All sickness and disease, including death, is from Satan and came into the earth as a direct result of the sin of one man, Adam (Romans 5:12) and is a part of the curse of the law (Deuteronomy 28:15-60; Job 2:7; Psalm 41:8; Matthew 8:16; Luke 13:11,16; Acts 10:38)*

**All sickness, disease and death is and has always been a part of the curse and from the thief (Satan)! All ‘abundant life’, including health, healing and long life (and wealth and prosperity) is from God!**

**John 10:10 AMP** Jesus said, “The thief (Satan) comes only in order to steal and kill and destroy. I came that they may have and enjoy life and have it in abundance (to the full, till it overflows).”

**If it kills, steals or destroys, it is always from the thief (Satan).**

**Sickness and disease kills, steals and destroys, therefore they are from the thief (Satan), NEVER FROM GOD! (Does poverty, lack, debt, unemployment, etc. steal, kill and destroy? Yes. Then who is it from? The thief (Satan), Not God!)**

**Therefore I will resist and SAY no to any and all symptoms of sickness and disease! I tell the devil NO and he’s got to GO!**

**James 4:7 AMP** “So be subject to (*KJ submit yourselves to*) God. **RESIST** the devil (*\*you resist by just saying NO!*), stand firm against him and he will flee from you.” (*\*my addition*)

**I resist and refuse to worry or live in fear. Therefore I cast all my cares on the Lord and withstand the devil!**

**1 Peter 5:7-9 AMP** “<sup>7</sup>Casting the whole of you care, ALL your anxieties, ALL your worries, ALL your concerns, once and for all on Him, for He cares for you affectionately, and cares about you watchfully.

<sup>8</sup>Be well balanced, temperate, sober of mind, be diligent and cautious at all time; for that enemy of yours, the devil, roams around **like a lion roaring** in fierce hunger, **seeking** someone to **seize upon and devour**. (*and he can't just "seize upon you and devour you" without your permission—that is why you must RESIST HIM\**) <sup>9</sup>**Withstand him; be firm in faith against his onset** --rooted, established, strong, immovable, and determined (*and you can only do that with a strong foundation of the Word of God!\**). Knowing that the same (identical) sufferings are appointed to your brotherhood (the whole body of Christians) throughout the world\*. (\*my addition)

*\*Note: The last line in verse 8 does NOT mean that everyone in the whole body of Christ has to "suffer" with anything (sickness, disease, poverty, lack, fear, bondage, etc.) under the curse. Jesus bore it all and we never, ever have to bear something He already bore for us.*

*It means that everyone in the whole body of Christ has to **operate in and by faith the same way** if they are to be free from anything under the curse. "Suffering for Jesus" **does not mean** we have to **put up with anything under the curse** which He already bore for us and freed us from on the cross. If that were true, it would mean Jesus didn't do enough on the cross. For us, "suffering" means that as we walk by faith, we stand on God's Word and His promises, **resisting symptoms and circumstances**, even though everything in the natural says it can't happen.*

*It's not easy to stand, believe and say "I'm healed" when the symptoms in your body are screaming exactly the opposite (or to say "I'm prosperous" when there is no money and the bills are piled up to the ceiling). But you keep standing and you keep believing and receiving and you keep confessing God's Word for as long as it takes until you have the manifestation of your healing, or prosperity, or deliverance, etc. That is where we who walk and live by faith "suffer". Faith is simple, not always easy.*

### **My sickness will leave and not come back again!**

**Nahum 1:9 AMP** "Affliction will not rise up a second time."

**It is God's will for me to live a long, healthy and prosperous life and to fulfill my destiny and the plan and purpose He has for my life. It is not God's will for me to die young!**

### **I will have a life worth living through old age!**

**Proverbs 3:1, 4, 8 AMP** v1. "My son, forget not my law or teaching (*the Word\**) but let your heart keep my commandments (*the Word\**). For length of days and years of a life worth living and tranquility (inward and outward and continuing through old age till death, these shall they (the Word\*) add to you."

v4. "So shall you find favor, good understanding and high esteem in the sight or judgment of God and man."

v8. "It (*the Word\**) shall be health to your nerves and sinews and marrow and moistening to your bones."  
(\*my addition)

### **It is God's will for me to live a long life!**

**Psalms 118:17 AMP** "I shall not die but live, and shall declare the works and recount the illustrious acts of the Lord."

**God's will is for me to live a long, healthy, whole and prosperous life, so I will be a living memorial to the grace, mercy and power of God as a witness to draw others to Him!**

**Psalm 92:12-15 AMP** “The uncompromisingly righteous shall flourish like the palm tree, be *long-lived*, stately, upright, useful and fruitful; they shall grow like a cedar in Lebanon, majestic, stable, durable and incorruptible. Planted in the house of the Lord, they shall flourish in the courts of our God. Growing in grace, they shall still bring forth fruit in old age; they shall be full of sap of spiritual vitality and rich in the *verdure* (\*Webster: greenness of growing vegetation, a condition of health and vigor) of love, trust and contentment. **They are living memorials to show that the Lord is upright and faithful to His promises (\*His Word). He is my Rock and there is no unrighteousness in Him.**” (\*my addition)

**I dwell, abide and reside in the shadow of the Almighty, whose power no foe can withstand—and I say so!**

**Psalm 91:1-2 AMP** (Me speaking about the Lord) “He who *dwells (abide, resides\*)* in the secret place of the Most High shall remain stable and fixed under the shadow of the Almighty Whose power no foe can withstand. <sup>2</sup>***I will say of the Lord***, He is my Refuge and my Fortress, My God; on Him I lean and rely, and in Him I confidently trust!” (\*my addition)

**God will satisfy me with long life!**

**Psalm 91:14-16 AMP** (The Lord Speaking about me!) “Because (insert your name) ~~he~~ has set his love upon Me, therefore will I deliver him; I will set him on high, because (insert your name) ~~he~~ knows and understands My name, has a personal knowledge of My mercy, love, and kindness—trusts and relies on Me, knowing I will never forsake him, no, never (Hebrews 13:5-6 AMP). (insert your name) **He** shall call upon Me, and I will answer him; I will be with him in trouble, I will deliver (insert your name) ~~him~~ and honor (insert your name) ~~him~~. **With long life will I satisfy (insert your name) ~~him~~** and show him My salvation.”

**Exodus 23:25-26 KJ** “...I will fulfill the number of your days.”

**Isaiah 46:4 AMP** “Even to your old age I am He, and even to hair white with age will I carry you. I have made and I will bare; yes I will carry and will save you.”

**Because God's promise to me is “long life”, I boldly resist every symptom of sickness and disease. I refuse to allow the enemy to evict me from my body with some devilish disease of which I have already been redeemed!**

**I declare by faith that I will live a long life and leave this earth healthy, whole and healed when I and God are “satisfied” that I have finished my assignment and fulfilled all of what He has called me here to do!**

**Genesis 6:3 KJ** “And the Lord said, My spirit shall not always strive with man, for that he also is flesh: yet his days shall be an *hundred and twenty years*.”

*Note: According to Genesis 6:3, it is God's will that we live 120 years. You might say "if I have to live 120 years that is the worst news I have ever heard!" Then you are not doing it right! If you get the curse out of your life and are living in the health, prosperity, joy and peace that God planned for you to have all along, you will want to live as long as possible in order to be a witness to others of the goodness and faithfulness of God—to bring them to a saving knowledge of Jesus Christ. And you can't do that if you are sad, broke, sick and depressed all the time. (Psalm 92:15)*

*Psalm 90 is where we get the idea that our lifespan should be only 70 or 80 years. If you read the footnote, in the Amplified translation you will find that span of life was only intended to refer to those rebellious Israelites 20 years and older and was **part of the curse—Not meant for us who are redeemed from the curse!** (Gal. 3:13)*

*120 years seems like a long time to us, but for the people of that day, it was not. Most of them were living into the multiple hundreds of years. Because of the evil that had arisen on the earth, God reduced man's lifespan to 120 years. (see Genesis 6:1-3)*

***Just to give you an idea of the lifespan they were living, Genesis 5 lists many of the early patriarchs and the number of years they lived. (120 years up to 969 years)***

**Genesis 5:1-32 AMP** “This is the book (the written record, the history) of the generations of the offspring of Adam.....”

<sup>3</sup> When Adam had lived 130 years, he had a son in his own likeness, after his image; and he named him Seth.

<sup>4</sup> After he had Seth, Adam lived 800 years and had other sons and daughters.

<sup>5</sup> So altogether **Adam lived 930 years**, and he died.

<sup>6</sup> When Seth was 105 years old, Enosh was born.

<sup>7</sup> Seth lived after the birth of Enosh 807 years and had other sons and daughters.

<sup>8</sup> So **Seth lived 912 years**, and he died.

<sup>9</sup> When Enosh was 90 years old, Kenan was born to him.

<sup>10</sup> Enosh lived after the birth of Kenan 815 years and had other sons and daughters.

<sup>11</sup> So **Enosh lived 905 years**, and he died.

<sup>12</sup> When Kenan was 70 years old, Mahalalel was born.

<sup>13</sup> Kenan lived after the birth of Mahalalel 840 years and had other sons and daughters.

<sup>14</sup> So **Kenan lived 910 years**, and he died.

<sup>15</sup> When Mahalalel was 65 years old, Jared was born.

<sup>16</sup> Mahalalel lived after the birth of Jared 830 years and had other sons and daughters.

<sup>17</sup> So **Mahalalel lived 895 years**, and he died.

<sup>18</sup> When Jared was 162 years old, Enoch was born.

<sup>19</sup> Jared lived after the birth of Enoch 800 years and had other sons and daughters.

<sup>20</sup> So **Jared lived 962 years**, and he died.

<sup>21</sup> When Enoch was 65 years old, Methuselah was born.

<sup>22</sup> Enoch walked [in habitual fellowship] with God after the birth of Methuselah 300 years and had other sons and daughters.

<sup>23</sup> So all the days of **Enoch were 365 years**.

<sup>24</sup> And Enoch walked [in habitual fellowship] with God; and he was not, for God took him [home with Him].

<sup>25</sup> When Methuselah was 187 years old, Lamech was born to him.

<sup>26</sup> Methuselah lived after the birth of Lamech 782 years and had other sons and daughters.

<sup>27</sup> So **Methuselah lived 969 years**, and he died.

<sup>28</sup> When Lamech was 182 years old, a son was born.

<sup>29</sup> He named him Noah, saying, This one shall bring us relief *and* comfort from our work and the [grievous] toil of our hands due to the ground being cursed by the Lord.

<sup>30</sup> Lamech lived after the birth of Noah 595 years and had other sons and daughters.

<sup>31</sup> So all the days of **Lamech were 777 years**, and he died.

<sup>32</sup> After **Noah** was **500 years old**, he became the father of Shem, Ham, and Japheth.

**Deuteronomy 34:7 AMP** “**Moses was 120 years old** when he died; *his eye was not dim nor his natural force abated.*” *Note: we can claim this for ourselves!*

**Job 42:10, 16,17 AMP** v10: “And the Lord turned the captivity of Job and restored his fortunes, when he prayed for his friends; also the Lord gave Job twice as much as he had before.” v16,17: “***After this, Job lived 140 years*** and saw his sons and his sons’ sons, even to four generations. So Job died, an old man and full of days.”

**God is no respecter of persons (Acts 10:34). If He did it for Moses (120 years), then He will do it for me if I believe it and receive it!**

**Mark 10:27 KJ** “With men it is impossible, but not with God; for with God ALL things are possible.”

**Matthew 9:29 KJ** “According to *your* faith be it unto you.”

**Mark 9:23 KJ** “If *you* can believe, **ALL things are possible** to *him who believes.*”

**All things are only possible to those who believe—AND I BELIEVE!**

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## MY DAILY CONFESSION

### **Read this Declaration every day—out loud**

Most gracious and loving God, I thank you and I praise you for healing me.

Mark 11:24 says that “whatsoever I desire, when I pray, believe that I receive it and I shall have it.” The word “receive” used here means “to take”. Therefore, I declare that I take my healing, I stand on it regardless of what symptoms I have in my body right now. I am healed!

Because I believe that I receive my healing based on the healing scriptures from the Word of God contained in this document, and because I daily deposit the Word of God on healing in my heart, I thank You that the healing power of the Lord Jesus Christ, that was purchased for me at Calvary’s cross, is flowing through every cell, bone, muscle, nerve, tissue and organ in my body.

I declare by faith that I walk in divine health and wholeness every day of my life; free from all pain and every symptom of sickness, disease, or malfunction in my body.

According to Deuteronomy 28, every sickness and disease is under the curse. Galatians 3:13 says, “Christ has already redeemed me from the curse.” Therefore, I am already redeemed from every sickness and disease.

I am not the sick trying to get healed, I am *the healed* that the enemy is trying to make sick. The Word of God tells me that if I resist the enemy, he has to flee from me. Therefore I refuse and resist every symptom of pain, sickness, disease or malfunction in my body right now—and it’s got to go!

Because I walk and live in the divine healing power of the Lord Jesus Christ, I also declare that any sickness, disease, or malfunction that attempts to come on my body now or in the future, from a cold to cancer, dies instantly when it touches me, in the name of Jesus.

I am not moved by what I see. I am not moved by what I feel. I am moved by what I believe and receive. And I believe that I am already healed and made whole by the stripes that Jesus bore for me and I take it! I praise you God continually for the full manifestation of divine health and wholeness in my body.

I refuse to be sick another day in my life! I declare by faith that my days of sickness and disease are over! Through the blood and sacrifice of my Lord Jesus Christ, I AM FREE!!

Amen